

PEDIATRIC HEALTH HISTORY
Osteopathic Wellness
253 Main St, Yarmouth ME 04096
Phone: 207-615-6956
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Name: _____ Age: _____

Primary Care Physician: _____

WHY IS THE CHILD HERE TODAY?

BIRTH HISTORY: Choose one: Vaginal C-section

Any complications after birth? _____

Currently breast or bottle fed? Other? Explain: _____

Any problems with feeding? _____

Any delay of developmental milestones? _____

Other: _____

CURRENT MEDICINES, SUPPLEMENTS, and HERBS (with DOSAGE please):

Date of last physical examination: _____ By whom? _____

ALLERGIES: _____

PAST MEDICAL HISTORY: List all major illnesses, infections, injuries, traumas (including emotional), and surgeries

FAMILY MEDICAL HISTORY (medical illnesses your family members have):

Mother _____

Father _____

Siblings _____

Name: _____ Date of Birth: _____

REVIEW OF SYMPTOMS: Check off any of the following symptoms you have/had **RECENTLY** experienced within the last **ONE WEEK**:

GENERAL:

___ weight change
___ tired/weak
___ dizzy/fainting
___ fever/chills
___ fussy/inconsolable

HEAD:

___ headaches
___ glaucoma
___ cataracts
___ blurry vision
___ hearing aids

___ eye pain
___ hearing loss
___ noise in ears
___ earaches
___ hearing aids

___ runny nose
___ stuffy nose
___ nosebleeds
___ sore throats
___ voice change

___ painful teeth
___ bleeding gums
___ dentures
___ goiter
___ swollen glands

RESPIRATORY:

___ cough ___ cough with phlegm ___ cough with blood ___ wheezing ___ short of breath

HEART & CIRCULATION:

___ high blood pressure ___ heart races or skips beats ___ chest pain ___ short of breath after climbing steps
___ short of breath while lying in bed ___ legs swell ___ legs hurt or cramp when walking ___ varicose veins

DIGESTIVE:

___ trouble swallowing ___ heartburn ___ poor appetite ___ nausea ___ vomiting (with blood?) ___ abdominal pain
___ diarrhea ___ constipation ___ excess belching or passing gas ___ change in stool (with blood?)
___ hemorrhoids ___ rectal pain ___ jaundice ___ gallbladder pain

URINARY:

___ bed wetting ___ burning with urination ___ frequent urination ___ change in urine stream (with blood?)
___ frequent urinary infection ___ lose urine if you cough or sneeze ___ kidney stones

MUSCULOSKELETAL:

___ pain in muscles or joints ___ morning stiffness ___ backache ___ sciatica ___ low back pain ___ arthritis
___ gout ___ short leg ___ wear a shoe lift ___ scoliosis ___ spondylolisthesis ___ muscle spasms ___ limping

NEUROLOGICAL:

___ blackouts ___ seizures ___ numbness or loss of sensation ___ tingling or "pins and needles"
___ tremors or other involuntary movements ___ weakness in arms or legs ___ trouble walking

OTHER:

___ heat or cold intolerance ___ excessive sweating ___ excessive thirst or hunger ___ excessive urination
___ nervousness ___ tension ___ depression ___ difficulty with memory ___ confusion ___ skin changes / rash